

## Dominae K.



When I came to Sallie's house 11 months ago, I was a broken and fearful girl. I thought to myself "what have I gotten myself into?" I've heard plenty of stories about sober houses but I knew I couldn't go back home to old people places and things. I knew I had to try something different so I decided to give it a chance. I had to let go and trust the process and have some patience.

Sallie's house was a life changing experience. I believe everything happens for a reason. Sallie's house took me out of my shell slowly but surely. I have been going to the required 4 NA/AA meetings a week, which helped me build my foundation, along with a 9-12 month intensive outpatient program which I will be graduating this month. On Tuesdays, Sallie's house holds an Empowerment meeting, where peer advocates, and others, come in and speak on a topic. I recently joined in on the peer advocacy workshop because I know that I can only keep what I have by giving it away. I started a full time job last week. If I can help one person a day to put a smile on someone's face I know I've done my job. Life is too short to not be happy.

Sallie's house is one of a kind. Thank you to Michelle Raysor, she is always there as the guiding light to help us through anything and everything! I learned accountability, responsibility, how to compromise, independence, how to cook and clean, and most importantly how to function as a productive member of society again. I found success because I wanted it.

Sallie's house became my safe haven. Miracles do happen. Thanks to the combined effort of having the desire to get clean and the structure of Sallie's house, I have found recovery for almost 1 year. Sallie's house not only saved my life, it gave me one.